



## Appointment Preparation

For your first visit, we ask that you arrive 30 minutes before your scheduled appointment time to fill out registration paperwork. Please bring the following items with you to the clinic:

- Valid drivers license or state ID
- Insurance cards
- List of current medications you are taking
- List of surgeries or medical procedures
- Payment for any co-pay or services not covered by insurance. We accept cash, Visa and Mastercard. We are happy to take self-pay patients. Please note that payment is due in full at the time of service.
- Please be advised that patients are responsible for payment of coinsurance, copay and deductibles at the time of service based upon contractual insurance agreements and the services provided during a visit.

## What Happens at the Clinic?

Initial appointments usually last around 15 minutes. We ask that you wear loose clothing and no make-up, self-tanner or nail polish. For a full body check, you may be asked to undress to your underwear. If you only want a specific area checked, that's fine – simply advise your doctor. However, we do recommend having a full body skin check on your first visit.

The doctor will examine your head, face, neck, torso, legs, feet, toes, arms, hands and fingers. Don't forget to mention to the doctor if there are any spots in hidden places – remember you can get skin cancer in areas that are not directly exposed to the sun.